

Place Child's
Picture Here

Prevention Plan

Student's Name:		Date of Birth:	
Teacher's Name:		Room #:	
ALLERGY TO:			
Asthmatic? (Y/N)		(Yes=Higher Risk for Severe Reaction)	

School will:

- A Certified Medication Technician on site with on-call Delegating RN
- Have staff trained in CPR & First Aid
- Have staff trained in Allergy & Anaphylaxis
→ administering EpiPen® including demonstration & practice
- Emergency List distributed to: _____
- Have staff trained on individual emergency plans
- School staff will make every reasonable effort to prevent the student's exposure to known allergens
- Other _____

Parents will:

- Provide pertinent health information to the school
- Provide Physician Authorization Forms and Action Plans
→ for student medication and specific actions plans for emergency care
- Current, non-expired medications
- Provide safe snack option to school/classroom
- Other: _____
- Other: _____
- Other: _____

Student will:

- Make every effort to avoid contact with allergen
- Alert nearest adult if suspect exposure to allergen
- Other

Notes:

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Management of Severe Allergic Reactions & Anaphylaxis

Student's Name: _____ **Date of Birth:** _____
Teacher's Name: _____ **Room #:** _____
ALLERGY TO: _____

Asthmatic? (Y/N) _____ (Yes=Higher Risk for Severe Reaction)

STEP 1: TREATMENT

Symptoms	Give This Medication	
	Epinephrine	Antihistamine
If a food allergen is ingested or suspected bee sting, but <i>no symptoms</i>		
Mouth: itching, tingling, or swelling of lips, tongue mouth		
Skin: hives, itchy rash, swelling of the face or extremities		
Gut: nausea, abdominal cramps, vomiting, diarrhea		
Throat *: Tightening of throat, hoarseness, hacking cough		
Lung*: Shortness of breath, repetitive coughing, wheezing		
Heart*: Weak or thread pulse, low blood pressure, fainting, pale, blueness		
Other:		
If reaction is progressing (several of the above areas affected):		

*Potentially life-threatening. The severity of symptoms can quickly change.

DOSAGE

Epinephrine: inject intramuscularly:

EpiPen® _____ EpiPen JR® _____ Auvi-Q _____
or generic _____ or generic _____

Antihistamine: give _____

Other: give _____

IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis.

STEP 2: EMERGENCY CALLS

Call 911 (or Rescue Squad). State that an allergic reaction has been treated and additional epinephrine made be needed.

Doctor's Name _____ **Doctor's Phone Number** _____

Parent's Name _____ **Parent's Phone Number** _____

Emergency Contact 1 Name/Relationship _____ **Emergency Contact 1 Phone Number** _____

EVEN IF A PARENT/GUARDIAN CANNOT BE REACHED, DO NOT HESITATE TO MEDICATE OR TAKE CHILD TO MEDICAL FACILITY!

Parent Guardian's Signature/Date

Doctor's Signature/Date

Medication Form/Physician's Order (To be Completed by the Physician/Authorized Health Care Provider)

School: _____ Grade: ____ Date of Order: _____ Order Expires End of School Year or (date): _____
 Student Name: _____ Order valid for current year/Summer (check if appropriate)
 DOB: _____ Gender: M F Allergies: _____
 Name of Medication: _____ Dose: _____ Route: _____ Time to Give Medication: _____
 Reason for Medication: _____ Frequency of Medication (IF PRN): _____
 Possible Side Effects: _____
 Student may carry and self-administer emergency medication: Yes No

Parent/Guardian Name: _____ **Physician Name:** _____ **Phone:** _____

Phone: _____ **Address:** _____

PARENT SIGNATURE: _____ **PRESCRIBER SIGNATURE:** _____

Medication Administration Record (For School/Camp Use Only)

Nurse Reviewed: _____

Dates Reviewed: _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Aug																															
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Feb																															
Mar																															
Apr																															
May																															
June																															
July																															

Name/Position	Initials	Name/Position	Initials
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

CODES: Chart Reason (see H.S. Manual)

X: School Closed	FT: Field Trip
A: Absent:	R: Refused
N: None Available	O: Omitted
NS: No Show to HR	H: Dose Held
D/C: Med. Discontinued	
L/E: Late Arrival/Early Dismissal	

RN Signature: _____ **Date:** _____

